

# Tray Kearney

## TRANSFORMATIONAL SPEAKER

SPEAKER | PANELIST | FACILITATOR



## TRUTH+TRANSPARENCY=HEALING

### Bio

#### TRANSFORMING YOUR LIFE AFTER TRAUMA

Author, Entrepreneur, Certified Life Coach and Transformational Speaker are just a few titles that she holds. The most important title to Tray is "Woman of God." Several years ago, Tray decided to share her story of heartache and pain. This included infidelity and she does not deny that she was the offender. One of her favorite quotes is "I am not judging you, I used to be you." As she healed she grew. Now her mission is to help women heal through the use of her books, conferences, radio show, blogs, television and coaching. She hosts an open platform that addresses women who have been hurt from many issues, but the biggest topic is being hurt as a result of betrayal and how to "snatch back" your life.

Motivating women across the country is no easy task for this Phenomenal Woman but she does so because it is her purpose. Kearney finds herself speaking at conferences like Radio One's BE Expo, Lucinda Cross's Activate Conference and her own event: "It's Healing Time Annual Gathering". Utilizing all media platforms, she doesn't just share her message on her radio show, Kearney has also written the book, It's Healing Time, to help women work through the devastation of betrayal, has been featured on national blogs like EGL, as well as written an article for Essence.com.

With determination to help her sisters heal and her dynamic personality that captivates audiences, it is no wonder why Tray is a sought after speaker in her area of expertise.

Memberships Include: Prestige Society, National Association of Black Female Executives in Music and Entertainment (NABFEME), National Association of Professional Women (NAPW), a member of Cast and Crew of Color, ambassador for Girlfriends Pray Local, an advocate for My Goal Autism Support Group, and a member of the Boss Network.

### Signature Topics

#### TRANSFORMING YOUR LIFE

- Letting go of the past.
- Forgiving yourself.
- Steps to moving forward.
- Steps to making great decisions.

#### HEALTHY REALTIONSHPIS

- Self-love
- Effective Communication
- Resilience
- Self-awareness
- Accountability

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